

THE OSHA COMMUNICATOR

A PUBLICATION OF THE OREGON SPEECH-LANGUAGE & HEARING ASSOCIATION

2019 Issue 2



Letter from the President

By Jill Dolata

Spring is a time of rejuvenation and invigoration, and OSHA members have certainly been very active! Look for details throughout this newsletter about how members are participating across the state. We had a very successful Day at the Capitol event on May 7, and I am proud to report that nearly 50 professionals and students came together to see government in action and learn more about bills affecting our profession. I had wonderful conversations with current colleagues and was impressed with future colleagues (i.e., students) from University of Oregon, Pacific University, and Portland State University. It was exciting to see them prioritize advocacy at this stage of their career and professional development. In the legal arena, we are also proud to have had direct advocacy from several board members in the form of testimony, letter writing, and stakeholder group participation. OSHA is also closely following a potential future legal consideration in the form of a Speech-Language-Hearing Interstate Compact that would affect providers who practice or wish to practice in multiple states. Stay tuned for more information!

In the spirit of invigoration, I am also happy to report that OSHA has been awarded a grant to help renovate and rejuvenate our association's website. Look for more details in this newsletter about how our site will get a fresh new face, debuting in time for our annual conference.

Finally, I'm excited to share that our President-Elect, Janet Wager, attended the Council for State Association Presidents Convention in Little Rock, Arkansas in May. We were thrilled to have a chance for her to network with other state leaders. Look for an update in the next newsletter on what she learned from other state associations and how we might further our own advocacy and support for the profession.

The **OSHA Communicator** is a publication of the Oregon Speech-Language and Hearing Association and is edited by Marcia Frost, OSHA Publications Chair. If you are interested in submitting an article or advertising in the newsletter, contact the OSHA office at **503-585-0764** or OSHASTaff@gmail.com.

Inside!

[Connect at SLP-AUD Night Out](#)

[Learn the New ASHA Standards for Certification](#)

[SLP-A Corner: Still on the Road to Rule Changes](#)

[Research Participants Needed!](#)

[Day at the Capitol Recap](#)

[State & National Updates](#)

[New Board Introductions](#)

[Telepractice Across the Lifespan](#)

[OSHA Fall Conference](#)

[Remembering Mark Springer](#)



MAKE IMPORTANT CONNECTIONS: SLP-AUD NIGHT OUT

Once each month, speech-language pathologists and audiologists get together at the laid-back SLP-Aud Night Out! The mission of the SLP-Aud

Nights Out is to make connections and emphasize that we can do more, together.

Nights Out are currently available in Portland, Salem, Bend, Medford, Vancouver, and Eugene.

Finding out about a Night Out near you is easy. Just join the Oregon Speech-Language and Hearing Association's Facebook Page and the SLP-Aud Night Out Group on Facebook to learn about upcoming events. We also send out an email blast with details, so watch for that!

If you are interested in hosting a Night Out in your city or have any questions, comments, or concerns, please email Dani Baker at Danielle@portland.speech.clinic.

New ASHA Certification Standards for 2020

By Janet Wagner, President Elect OSHA

It might seem far away, but the new ASHA certification standards are right around the corner. If you are an SLP who enjoys and participates in supervising practicum students or mentoring clinical fellows, please be aware of these changes that will impact you and your ability to supervise a graduate student and/or mentor a graduate.

The new 2020 certification standards go into effect January 1, 2020, and if you plan on supervising a graduate student, please very carefully read the Standard V-E on the "SLP Standards Crosswalk" provided on the ASHA website. If you are planning on mentoring a graduate student for their clinical fellowship, please carefully read Standard VII-B on the "SLP Standards Crosswalk" provided on the ASHA website (www.asha.org/uploadedFiles/2014-2020-SLP-Crosswalk.pdf).

In summary, you will need to have completed the following three things by December 31, 2019:

- Hold your ASHA certification.
- Have the equivalent of a minimum of nine (9) months of full-time clinical experience.
- Complete a minimum of two (2) hours of professional development in clinical instruction/supervision after being awarded ASHA certification AND within your certification maintenance period.

If you need to take a CEU on clinical instruction/supervision, ASHA is providing an online course titled "Nine Building Blocks of Supervision," which will be offered free of charge until July 26, 2021. Once you have completed all three requirements, you will need to go into "My Accounts" on the ASHA website and verify that you received credit indicating you have met the requirement to supervise and mentor. In the "My Account" section, select "2020 Requirements for Clinical Instructors, Supervisors, and Clinical Fellowship Mentors". Next, select the two boxes that indicate you have met the requirements. You WILL need to do this by December 31, 2019, or you will not be able to continue to supervise or mentor after January 1, 2020.

If you have any questions, please contact ASHA (<https://www.asha.org/>).



SLP-A Corner

Still on the Road to SLPA Rule Changes...

By Stacey Cochran, OSHA SLPA Rep.

The Oregon Board of Speech Pathology and Audiology met in April and again received an update from Ashley Northam on the SLPA Rulemaking Advisory Committee. The committee proposed a consultative model of supervision which would include a competency assessment, creation of a supervision plan, and regular meetings between the SLP and SLPA. The supervision plan will be developed

based on SLPA skill and experience, as well as on the needs of the students/clients/patients. The supervision plan MUST include a minimum of 30 minutes of consultation per month/per supervising SLP; however, the plan can (and should if deemed necessary) increase that amount of time and add direct supervision as well. SLPs still maintain ultimate responsibility for all students/clients/patients on their caseload and must treat or co-treat each client every 60 days. These changes will be created to assess competency, create supervision plans, document consultation meetings, and inform patients/parents that an SLPA will be providing treatment.



Recommendations were also made to refine and clarify educational requirements for SLPA licensure to more clearly define "medically fragile", to require reporting of insufficient supervision, and to allow SLPAs to provide teletherapy if approved by the supervising SLP.

The Board held a special telephone meeting on May 10, 2019, where it hoped to pass the new SLPA rules - and new telepractice rules, as well, which would be implemented by September 1, 2019. Once passed, Erin Haag, Executive Director, will work to develop training sessions that will be available online as well as taken out on the road to licensees and administrators.

With all of these changes, the committee hopes to bring Oregon's regulations in-line with what is being used successfully in other states and countries. This would potentially open up previously difficult locations for SLPAs to be hired due to direct supervision creating a double-billing situation. It would also help ensure the SLP and SLPA have the time to successfully work as a team, and, first and foremost, to protect the interests of the public and ensure that services are delivered with the utmost quality and care.

As always, keep your eyes and ears open for these changes!

Research Participants Needed - Spread the Word!

COPD/Dysphagia Research:

Please consider supporting research efforts by spreading the word. We are swallowing researchers from the University of Oregon, interested in understanding the perceived mealtime experience among individuals with both COPD and dysphagia (swallowing difficulties). Participants will be asked to participate in an interview (in-person or video-conference). Compensation is provided. For more information, please review the flyer located to the right or contact Ting-fen Lin at tlin@uoregon.edu or 1-408-623-4972.

-Ting-fen Lin

Dysphagia Research:

We are currently recruiting stroke survivors and their informal caregivers for two studies examining the impact of dysphagia on family well-being. Can you help spread the word? Compensation provided!

For local survivors with dysphagia who are living with any family member caregiver (within 2 hours of Eugene): The study involves in-person interviews that can be done in their home. Compensation is \$80 total (\$40 each for patient/caregiver). Potential participants can reach out to us directly if interested (sshune@uoregon.edu or 541-346-7494).

For stroke survivors with dysphagia who are living with a spousal caregiver living *anywhere*: The study involves each person completing an online or mailed survey. Compensation is \$40 total (\$20 each). Additional information is available here:

https://mailchi.mp/239d59908d7b/dysphagia-research-volunteers-needed?fbclid=IwAR0FnauvzbtdNGcquFZS8AhBPW8lCH8Q6QD-qRx_bozEyovsiRaOKHw4k



Thanks so much!

*Samantha Shune, PhD, CCC-SLP
Assistant Professor, Communication Disorders
and Sciences - University of Oregon
Ph (541) 346-7494*

Living with COPD?

Help us to better understand the influence of COPD on eating and drinking

You may qualify to participate in this study if you are:

- Over 30 years of age
- Diagnosed with COPD
- Interested in contributing to science

Compensation will be Provided.

For more information, please contact:

Ting-fen Lin
tlin@uoregon.edu
408-623-4972

Communication Disorders and Sciences Program
College of Education



'Day at the Capitol' Recognizing Professional Advocacy

By Melissa Fryer, MA, CCC-SLP

OSHA's 'Day at the Capitol' was a resounding success! Approximately 50 SLPs and students attended the event on Tuesday, May 7, in Salem. What a dramatic increase from the eight people who attended in 2018! For 2019's 'Day at the Capitol' there was representation from OSHA members, board members, and students from each of the three Oregon universities. The day started with an introduction from OSHA President Dr. Jill Dolata, followed by a briefing from the Association's lobbyist, Genoa Ingram, on the bills of interest to speech-language pathologists in the state. Genoa provided a snapshot of the day-to-day workings of the House and Senate along with best practices for visiting the legislative chambers. Erin Haag, Executive Director of the Board of Examiners for Speech-Language Pathology and Audiology, provided information on the national movement toward interstate licensure compact, supervision of SLPAs, and telepractice rulemaking.



To celebrate Better Speech and Hearing Month (BSHM) and to distinguish our group at the Capitol, attendees were asked to wear white and add pieces of BSHM flair to their outfits to celebrate the day of professional advocacy. Buttons, stickers, pens and handouts were picked up by attendees and worn (and used) with pride throughout the day. Members and students had the opportunity to attend the opening session in the House of Representatives, get a tour of the Capitol building, meet with legislators, and attend individual hearings throughout the afternoon. OSHA member and Legislative Chair Jonalyn Brown organized and hosted a table in the galleria to provide the Communication Bill of Rights and information to the public on what OSHA provides for its members and the people we serve.



This event is important because it brings clinicians from across the state together to discuss topics of interest to the profession. Whether a clinician works in a school or a hospital, we are all concerned about providing appropriate and equitable access to services to the children and adults we serve. When we come together in Salem to support each other, our profession, and our clients, it can make a dramatic difference in how our profession is recognized by our elected representatives. I encourage every member to consider coming to the next 'Day at the Capitol' because as Genoa says, "This is your building!". She and her staff at Court Street Consulting make the day valuable, educational, and worthwhile for anyone who can make it.

State and National Organization Updates

Lyndsay A. Duffus, OSHA Past President and Audiology representative



ASHA Advisory Council Recap

As the Oregon Audiology representative on the ASHA Advisory Council, I wanted to let you know what was covered during our recent meeting in March 2019. Since part of our meeting included visiting our national representatives on Capitol Hill, ASHA wanted to focus on four major topics that are impacting speech-language pathologists and audiologists and how they practice. These were: 1) improving access to Medicare rehabilitation services for speech-language pathologists, focusing primarily on de-coupling speech therapy and physical therapy monetary thresholds; 2) enhancing Medicare access to audiology services, as only diagnostic testing is now covered and only when authorized by a physician; 3) fully funding the Early Hearing Detection and Intervention (EHDI) initiative;

and 4) fully funding the Individuals with Disabilities Education (IDEA) Act, as it has been grossly underfunded for a number of years.

Oregon's representatives were very positive about these topics and expressed support for ASHA in promoting these ideas. Please reach out to your state and national representatives to help advocate for these proposals!

Spring Conference Recap

OSHA hosted its fourth annual Spring Conference in Pendleton on March 8th, livestreamed to several participating sites around Oregon. This year's program, "Narrative Language Development and Treatment in Children from a Multicultural Perspective", was presented by Jenny Larsen and Teresa Roberts of Portland State University. The presentation was very well attended. There were more than 120 participants, with amazing feedback so far.

We are hoping to continue this conference next year and would love to hear from you about topics you would like to see covered. Please email OSHA with any ideas or any presenters you would like to see highlighted.

OSHA Education Foundation Update

A small group at OSHA has been working on developing a non-profit 501c3 foundation that will help to support student scholarships and educational opportunities at OSHA. We recently received our IRS approval for this foundation and are working to get it up and running. Please keep an eye on updates about this! All donations to the OSHA Education Foundation will be tax-deductible, so please keep us in mind for your future charitable contributions.



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<https://www.careoregon.org/>

New Board Member *Introductions*



My name is Lindsay Barrett. I joined the OSHA board to represent the adult/medical population. I have been lucky to work with both pediatrics in the school setting and adults in the Acute Rehab setting. One of the best things about being an SLP, right?! Never boring! I thoroughly enjoy the adult population. It's amazing to work with people just after a trauma, to help them understand what has happened to them, and to share how we are going to use their strengths to help them overcome. This is why I do what I do. I am the Rehab Director in my clinic so I also get a front row view of all the work being done in Occupational and Physical Therapy. Keeping cognitive strengths/weaknesses in mind to drive how we set up all new learning/training has been really exciting and effective. I serve as the OSHA StAMP representative as well. Medicare is transitioning to an outcome-based reimbursement model, PDPM. This is the biggest change we have seen in a long time. The OSHA board has several members staying ahead of the coming change so we can be a resource when people have questions about what to expect.

My name is Travis Dockter.

I have been a Speech-Language Pathologist for about 10 years. My time as a SLP has been spent working in the public school system as a school-based SLP. In addition, I also run a home-based private practice seeing clients in their homes and working with parents. I have worked with preschoolers through eighth graders. Recently, my main focus has been working with individuals who experience Autism.



It was through foreign languages where I became fascinated with communication and this profession. I have studied German, Spanish, and ASL. I am also particularly interested in juggling and the performing arts. I love to see how I can use juggling to make therapy more fun and dynamic. I also like to use improvisational comedy in order to teach social communication skills.

Overall, I am excited to be a part of OSHA. I look forward to working toward spreading awareness of issues related to speech and hearing as chair of the social media committee. I am also very excited to become more aware and help promote other organizations that share our mission of providing better services and raising awareness of the many different populations we serve.



"Building a Legacy"
SAVE THE DATE!!
OSHA 2019 Fall Conference
October 11-12, 2019
Salem Convention Center

Telepractice Across the Lifespan

By: Kira Wright & Jenny Peddicord

When a statewide call went out in Oregon to build a committee on telepractice, organizers may have dreamt of a group of clinicians representing a variety of patients and practice settings. No one imagined that so few people would cover the lifespan so completely!

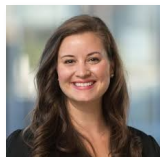
Around the virtual table of our OSHA Telepractice Advisory Committee sit five speech-language pathologists (SLPs): an assistant professor at a teaching hospital, the director of a private clinic, an assistant professor in an SLP graduate program, a regional manager for a healthcare provider, and a director of school-based services for an SLP staffing company. Each has come to telepractice, not as an end in and of itself, but as a tool to reach their clients and further their practice. Here's what that looks like:



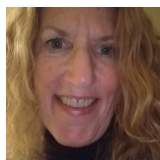
Emily Quinn, PhD, CCC-SLP, uses an Enhanced Milieu Teaching program over telepractice with families and their very young children.



Jenny Peddicord, MA, CCC-SLP, uses telepractice in her clinic to reach a variety of children, families, and adults from the local community and beyond.



Megann McGill, PhD, CCC-SLP, trains and supervises graduate students as they provide telepractice for clients who stutter and studies how to conduct and report evaluations over telepractice.



Kate Morrell, MA, CCC-SLP, studied the efficacy of telehealth for bedside evaluations and is currently implementing an outpatient telehealth program for adults.



Kira Wright, MS, CCC-SLP, trains and supervises a team of school-based SLPs exploring direct telepractice and hybrid onsite/offsite programs for school districts.

Together, we are advocates for telepractice at every stage of life in Oregon. We collect and share best practices from the world of teletherapy with the hope that our diverse perspectives will create a statewide standard of care that benefits people of all ages and needs. We all feel very grateful to have a state association and state board that supports this work and to have the chance to learn from each other.

If you have questions about telepractice, we would love to hear from you! Reach out to us at OregonTelepractice@gmail.com with questions, concerns, or opportunities.



Attention New Graduates!!!

The Oregon Speech and Hearing Association (OSHA) offers a **free year of membership** to newly graduated SLPs. To qualify for the Student Membership, you must be in your first year post-graduation. After this initial free year, you can transfer to a full membership.

OSHA connects you with other speech-language pathologists, audiologists, and speech-language pathology assistants from across the state. OSHA also welcomes students who are studying communication sciences and disorders.

Your membership in OSHA supports conferences such as the Spring Conference and the Annual Conference in October, which will be held in Salem, Oregon. Additionally, your membership benefits include legislative advocacy, continuing education and professional development, networking, access to an online membership directory, resources for families and professionals, job postings, and increasing the public's awareness about our field.

To apply for your free year of membership, visit <https://www.oregonspeechandhearing.org>, and click on Member Center and then "New Graduate." Click on the orange box that says, "Free Membership."

For any questions or comments regarding membership, please contact Dani Baker, Membership Chair, at Danielle@portland.speech.clinic.



Share SLP-A Related Events for FREE on the OSHA Calendar!
Click the link below to submit your event today:

<https://www.oregonspeechandhearing.org/event-886228>

OSHA Annual Fall Conference 2019

by Rik Lemoncello, VP for Science and Education

Our annual conference theme for 2019 is “Building a Legacy,” and I am happy to announce that our conference planning committee is busy lining up a legacy-worthy panel of presentations and speakers for this year’s fall conference. I’d like to thank this year’s conference planning committee (Teresa Roberts, Jessica Fanning, Jill Dolata, Stacey Cochran, Sami Richards, Samantha Shune, and Marcia Frost) for their input and suggestions for speakers. The Call for Papers recently closed, and we have received over 40 proposals for presentation and poster sessions! We are looking forward to reviewing these proposals and notifying proposal authors about acceptance by the end of May.



We are implementing a few changes to the annual Fall conference that I would like to highlight. The structure will be changing to maximize CEU opportunities – with a few rearrangements, we have been able to add 1.5 hours of CE credit for a total possible 15 CE credit hours this year. We will be moving the keynote plenary session to the Friday evening time slot, allowing our Friday national speakers two, equal-length sessions on Friday. Poster sessions will be moving from Friday evening to the Saturday lunch time to allow us to

maximize our Saturday lunch CE time. Friday sessions will run from 8:00am-4:20pm; the keynote plenary session and evening reception will be from 4:45-6:00pm). On Saturday, sessions will run from 8:00am until 4:00pm, still allowing folks to wrap up and hit the road a little earlier on Saturday afternoon.

We are excited to continue to honor former OSHA President, Kathy de Domingo, through the named keynote plenary session on Friday evening. We are working on lining up an exciting speaker who will get us all excited for advocacy and legacy-building. I can also announce that we will be bringing in national speakers for our Friday sessions who have expertise in feeding and swallowing across the lifespan, thriving in skilled nursing facilities, Autism Spectrum Disorders in EI, school-based intervention with a focus on written language, and AAC/literacy across the lifespan. I have extended offers to our national speakers for full-day Friday sessions, but until contracts are signed, I'll hold off on announcing their names... stay tuned for the next newsletter! With new CE requirements, we will also include sessions focused on ethics and supervision. It's shaping up to be another excellence conference, with great learning and networking opportunities for all!

In the meanwhile, be sure to put the 2019 OSHA Fall Conference on your calendar: Friday, October 11, and Saturday, October 12, 2019, at the Salem Convention Center in Salem, Oregon.



Mark T Springer age 70 passed away April 18, 2019, in Salem, Oregon following a short hospitalization at Salem Hospital. Mark was born in Canton, Ohio, to William and Edna Springer. The family (sister Faith, brother Linton) moved to Salem in 1958. Mark attended Salem Academy, South High School, and Oregon College of Education (now Western University) where he earned a Master of Science in Speech Language Pathology and specialized in communication and swallowing disorders. He also studied at the University of Oklahoma Health Sciences Center.

As a Speech Pathologist, Mark worked for over 40 years in the Salem area in many locations - home health, nursing homes, Salem Keizer School District (at several schools) and PT Northwest. He touched and improved the lives of countless people and cared about each and every one of his patients. Mark will be remembered for his positive attitude, big smile, loyalty and dedication to family and profession.

In lieu of flowers please make a donation to Oregon Speech-Language Hearing Association (please contact oshastaff@gmail.com) to make a donation in Mark's memory or to any charitable organization of your choice.

We are Looking for New Board Members and Committee Involvement!

Are you interested in becoming more involved in state-level service to your profession? Consider joining an OSHA committee and/or inquire about any of our currently open board positions. Contact OSHA if you are interested in getting involved.

Committees needing additional representation:

Website (Chair Kristi Atkins)
Advertising (Chair Leisha Vogl)

OSHAOregon@gmail.com



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